

Your Guide to BioReliance Stirling

Innovation Park, Hillfoots Road Stirling, FK9 4NF, Scotland

Stirling

Tel: +44 (0) 1786 451318

Fax: +44 (0) 1786 464764

Glasgow

Tel: +44 (0) 141 946 9999

Fax: +44 (0) 141 946 0000

www.bioreliance.com



Thank you for choosing BioReliance

To make your stay in Stirling easier, we have prepared this welcome brochure for your use. You will find information inside about the following:

- What you need for the UK
- Building layout and exits
- Emergency contact details
- General BioReliance information
- Places to eat
- · Things to do and see
- · Information on bus and rail
- Car rental companies

Our goal is to provide a first-class service and ensure that your visit with us will be both productive and enjoyable. To help us continually improve, we would appreciate if you would complete the survey included inside this brochure. We welcome all feedback and questions you may have.

What you will need for the UK

Currency: The currency used in the UK is the Pound Sterling. Research current exchange rates for more information. (www.xe.com)

Electrical Adaptor: Voltage in the UK is rated as 230 volts/50 hertz. This is standard around most of Europe. The standard UK power outlet is a 3-pin, double pole, switched outlet requiring a UK-standard 13 amp 3-pin plug. Adaptors that convert European and American plugs to fit UK socket outlets are widely available.

Umbrella: Scottish weather can be unpredictable so you need to be prepared for rain.

General Information

Hours of Work

Monday - Thursday: 8.00am - 6.00pm

Friday: 8.00am - 4.00pm

For work outside these hours please contact your Project Manager,

Study Director/Scientist or Senior Associate Scientist.

Communication

To use computers in client offices, use the log-in details noted on the computer. A 2-way radio is available on request.

General Information

Places to Eat Nearby

Green Coffee Shop is open all day in Scion House which is directly opposite our site.

Food is available within the University Campus at Haldane's Eatery.

Limited food preparation facility available on site: microwave, toaster, coffee & tea.

Shops and Services

Laundry: Fresh 'n' Clean, 14 Barnton Road, Stirling, FK8 1NA Tel: 01786 460546

Grocery Stores: Co-operative Food, 5 Alloa Road, Stirling, FK9 5LH Tel: 01786 450855 Mon-Fri 07:00-22:00, Sat & Sun 08:00-22:00

Tesco, Wallace Street, Stirling, FK8 1NP Tel: 0845 6779658 Mon-Fri 08:00-midnight, Sat 07:30-22:00, Sun 09:00-22:00

Morrisons, Munro Road, Stirling, FK7 7UU Tel: 01786 448231 Mon-Sat 08:00-22:00, Sun 09:00-20:00

Safety/Security

Visitors must ensure they have their visitor badges visible at all times. Your door card allows you entry to the building and laboratories. Please return all badges/ passes at the end of your stay.

Fire alarms are tested on Tuesdays from 11:00am - 12:00pm.

Transport Options

Car Rental

National Car Rental

124 Glasgow Road Whins of Milton Stirling, FK7 0LJ Tel: 01786 812828 www.nationalcar.co.uk

Avis Rent a Car

2 Glen Tye Road **Broadleys Industrial Estate** Stirling, FK7 7LH Tel: 08445 446098 www.avis.co.uk

Enterprise

2 Munro Road Springkerse Industrial Estate Stirling, FK7 7UU Tel: 01786 462666

www.enterprise.co.uk

Bus and Rail

ScotRail

www.scotrail.co.uk

First Group

www.firstgroup.com/ukbus

Taxi Service

Local Taxi

Tel: 0845 833 4002

Emergency Numbers

In House Emergency Contacts

Health and Safety Officer

Michael O'Kane

Office - (9) 0141 576 2459

Mobile - (9) 07974438861

Biological Safety Officer

Brian McLennan

Office - (9) 0141 579 3230

Cat3 Manager

Roslyn Cameron Ext 3027 (Senior Manager, Scientific and

Technical Support)

First Aider

Finlay Logan Ext 3009 Kirsty Paterson Ext 4001

Paul Nolan Ext 4001

Tracy Paterson Ext 4001

Outside Emergency Numbers (dial '9')

Fire Rescue and Hazardous

Materials: 999

Ambulance: 999

Police: 999

Forth Valley Royal Infirmary

01324 566000

Building Layout



Toilet

Fire Exit

Food Prep Area

Main Entry to Lab

The blue outlines indicate client-accessible rooms. The red outlines indicate rooms accessible by BioReliance staff only.

Things to See and Do

Edinburgh Castle

Opening Times:

1st April – 30th September: Daily: 9.30am – 6.00pm 1st October – 31st March – Daily: 9.30am to 5.00pm. Last ticket sold 45 minutes before closing. (www.edinburghcastle.gov.uk)

Stirling Castle

Open all year seven days a week (April–September: 9.30 to 18.00, October–March: 9.30 to 17.00) (www.stirlingcastle.gov.uk)

Wallace Monument

220 feet high, 246 steps; 10.30am – 4pm all year. One of the best vantage points in which to view Stirling is the top of the Wallace Monument.

(www.nationalwallacemonument.com)

The Falkirk Wheel

This is the world's first revolving boat lift. Visitors can board a vessel for The Falkirk Wheel. (www.thefalkirkwheel.co.uk)

Burrell Collection, Glasgow

William Burrell had been an art collector since his teens, and his donated collection is made up of a vast array of works of all periods and from all over the world. (www.glasgowlife.org.uk)

Alloa Golf Club

Founded in 1891, this is a beautiful course set amongst 150 acres of rolling parkland beneath the Ochil Hills. Day tickets are around £30-40. Tel: 01259 72245 (www.alloagolfclub.co.uk)

Gleneagles Golf Course

The Gleneagles hotel and resort offers the chance to play on three of the finest championship golf courses in Scotland.

Prices range from around £65-160. Tel: 0800 3893737 (www.gleneagles.com)

The Old Course, St Andrews

The home of golf, where the game was first played 600 years ago. Prices range from £70-£150.
Tel: 01334 466666 (www.standrews.org.uk)

Glengoyne Distillery

Glengoyne is proud to offer entertaining and in-depth distillery visits including the Master

Blender tour where guests create their very own blended whisky. Tel: 01360 550254 (www.glengoyne.com)

















Places to Eat

Corrieri's Cafe

7 Alloa Road Stirling, FK9 5LH Tel: 01786 472089

Paparazzi

84 Henderson Street Bridge Of Allan, Stirling, FK9 4HA Tel: 01786 834969

Vecchia Bologna Italian Restaurant

Mine Road, Bridge of Allan Stirling, FK9 4DT Tel: 01786 833617

Hendersons Bistro

Albert Place, Dumbarton Rd Stirling, FK8 2QL Tel: 01786 469727

Portcullis

Castle Wynd Stirling, FK8 1EG Tel: 01786 472290

The Kilted Kangaroo (Aussie Food)

9 Upper Craigs, Stirling, FK8 2DG

Tel: 01786 451130

Nicky - Tams Bar and Bothy

29 Baker Street, Stirling, FK8 1BJ

Tel: 01786 472194

The Hollybank

58 Glasgow Road Stirling, FK7 0PH Tel: 01786 812311

Rana's Restaurant

37 Friars Street Stirling, FK8 1HA Tel: 01786 463075

Spice Garden

23 Allan Park Stirling, FK8 2LT Tel: 01786 447139

Indian Cottage

11 Dumbarton Road Stirling, FK8 2LQ Tel: 01786 478889

The Junk Rooms

17 Friars Street Stirling, FK8 1HA Tel: 01786 358003

The Old Bridge Inn

2 Inverallan Road, Stirling, FK9 4JA Tel: 01786 833335

The Imperial Restaurant

18 King Street Stirling, FK8 1AY Tel: 01786 474327

Wilawan Thai Restaurant Ltd

9 Baker Street Stirling, FK8 1BJ Tel: 01786 464837

Accommodation

Stirling Highland Hotel

29 Spittal Street, Stirling, FK8 1DU Tel: 01786 272727 (www.barcelo-hotels.co.uk)

Stirling Management Centre

University Of Stirling Campus Stirling, FK9 4LA Tel: 01786 451666

Adamo - Bridge of Allan

84 Henderson Street Bridge Of Allan, Stirling, FK9 4HP Tel: 01786 833268 (www.adamohotels.com)

Ravenswood Guest House

94 Causewayhead Road Stirling, FK9 5HJ Tel: 01786 475291 www.ravenswoodguesthouse.com/

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